## THE PRINCIPLES OF PLAY



## **FUNCTIONS OF PLAYERS**

AGAINS

AGAINST

AGAINS

AGAINST

AGAINS

(Possession)

(Non-possession)

ATTACK

with the ball

**DEFENCE** 

without the ball

**PENETRATION** 

1st attacker gets the ball behind defenders position

**DELAY** 

1st defender challenges the player on the ball

**DEPTH** 

2nd attacker supports behind the ball

DEPTH

2nd defender covers the 1st defender

MOBILITY

3rd attacker tries to disrupt the defender by his positioning

BALANCE

3rd defender covers the possible attackers away from the ball

WIDTH

(All attackers"make space/ time for the execution of techniques) CONCENTRATION

(All defenders "squeeze" the attackers working space.)

